

YOUNGEVITY.  
ESSENTIAL OILS

# PERCEPTIVE



**Diffuser Blend**

**Supports:** Nervous, Endocrine, Reproductive

**Suggested Carriers:** Plant Derived Minerals™, Grapeseed Carrier Oil, Jojoba Carrier Oil, Kukui Carrier Oil, Dead Sea Bath Salts - Unscented, Ultimate CM Cream™

**Ingredients:** Basil-Sweet, Lemon, Jasmine Sambac, Jojoba, Nutmeg, Peppermint, Rose Damascena, Rose Geranium, Rosemary ct. Cineole



## PERCEPTIVE

Diffuser  
Blend

5ML  
(67709)



**Safety:** Use with caution if pregnant.

### Cosmetic Uses / Environmental Uses:

- **Diffuser:** 10-12 drops for 15 minutes every 2 hours.
- **Mist:** 12 drops of essential oil in 2 oz. of water or Plant Derived Minerals, shake well before spraying. Inhale from lid or 1 drop on tissue; in palm of hand, cover mouth and nose and inhale. In 2 oz. jar of Dead Sea Bath Salts, add 12 drops essential oil, shake well, open jar 15 minutes every 2 hours.
- **Shower:** in 1/4 cup Bath Salts use 2-4 drops of essential oil, sprinkle on shower floor before showering.

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# REFLECTIVE



**Diffuser Blend**

**Supports:** Nervous, Endocrine, Digestive

**Suggested Carriers:** Plant Derived Minerals™,  
Grapeseed Carrier Oil, Jojoba Carrier Oil, Kukui Carrier Oil,  
Dead Sea Bath Salts - Unscented, Ultimate CM Cream™

**Ingredients:** Cardamom, Cinnamon Bark, Clove Bud, Ginger



## REFLECTIVE

Diffuser  
Blend

5ML  
(67710)



**Safety:** Avoid use if pregnant and/or using blood thinners. Avoid using around children under 5.

### Cosmetic Uses / Environmental Uses:

- **Diffuser:** 10-12 drops for 15 minutes every 2 hours.
- **Mist:** 12 drops of essential oil in 2 oz. of water or Plant Derived Minerals, shake well before spraying. Inhale from lid or 1 drop on tissue; in palm of hand, cover mouth and nose and inhale. In 2 oz. jar of Dead Sea Bath Salts, add 12 drops essential oil, shake well, open jar 15 minutes every 2 hours.
- **Shower:** in 1/4 cup Bath Salts use 2-4 drops of essential oil, sprinkle on shower floor before showering.

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# MEDITATIVE



Diffuser Blend

**Supports:** Nervous, Endocrine, Digestive

**Suggested Carriers:** Plant Derived Minerals™,  
Grapeseed Carrier Oil, Jojoba Carrier Oil, Kukui Carrier Oil,  
Dead Sea Bath Salts - Unscented, Ultimate CM Cream™

**Ingredients:** Cypress, Frankincense, Geranium,  
Grapefruit-White, Juniper Berry, Lavender-Maillette, Lemon,  
Nutmeg, Patchouli, Western Red Cedar Leaf, Ylang Ylang



## MEDITATIVE

Diffuser  
Blend

5ML  
(67711)



**Safety:** Avoid use if pregnant.

### Cosmetic Uses / Environmental Uses:

- **Diffuser:** 10-12 drops for 15 minutes every 2 hours.
- **Mist:** 12 drops of essential oil in 2 oz. of water or Plant Derived Minerals, shake well before spraying. Inhale from lid or 1 drop on tissue; in palm of hand, cover mouth and nose and inhale. In 2 oz. jar of Dead Sea Bath Salts, add 12 drops essential oil, shake well, open jar 15 minutes every 2 hours.
- **Shower:** in 1/4 cup Bath Salts use 2-4 drops of essential oil, sprinkle on shower floor before showering.

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# CONTEMPLATIVE



**Diffuser Blend**

**Supports:** Nervous, Endocrine, Reproductive

**Suggested Carriers:** Plant Derived Minerals™,  
Grapeseed Carrier Oil, Jojoba Carrier Oil, Kukui Carrier Oil,  
Dead Sea Bath Salts - Unscented, Ultimate CM Cream™

**Ingredients:** Bergamot, Clary Sage, Frankincense



## CONTEMPLATIVE

Diffuser  
Blend

5ML  
(67712)



**Safety:** Avoid use if pregnant.

### Cosmetic Uses / Environmental Uses:

- **Diffuser:** 10-12 drops for 15 minutes every 2 hours.
- **Mist:** 12 drops of essential oil in 2 oz. of water or Plant Derived Minerals, shake well before spraying. Inhale from lid or 1 drop on tissue; in palm of hand, cover mouth and nose and inhale. In 2 oz. jar of Dead Sea Bath Salts, add 12 drops essential oil, shake well, open jar 15 minutes every 2 hours.
- **Shower:** in 1/4 cup Bath Salts use 2-4 drops of essential oil, sprinkle on shower floor before showering.