

YOUNGEVITY.  
ESSENTIAL OILS

# PRODUCTIVE



**Diffuser Blend**

**Supports:** Nervous, Endocrine, Digestive

**Suggested Carriers:** Plant Derived Minerals™,  
Grapeseed Carrier Oil, Jojoba Carrier Oil, Kukui Carrier Oil, Dead  
Sea Bath Salts - Unscented, Ultimate CM Cream™

**Ingredients:** Bergamot, Lemon, Orange-Sweet



## PRODUCTIVE

Diffuser  
Blend

5ML  
(67701)



**Safety:** If applied to the skin, phototoxic - avoid sun exposure or tanning beds for 12 hours after use. May cause skin irritation in those people who have sensitive skin.

### Cosmetic Uses / Environmental Uses:

- Diffuser: 10-12 drops for 15 minutes every 2 hours.
- Mist: 12 drops of essential oil in 2 oz. of water or Plant Derived Minerals, shake well before spraying. Inhale from lid or 1 drop on tissue; in palm of hand, cover mouth and nose and inhale. In 2 oz. jar of Dead Sea Bath Salts, add 12 drops essential oil, shake well, open jar 15 minutes every 2 hours.
- Shower: in 1/4 cup Bath Salts use 2-4 drops of essential oil, sprinkle on shower floor before showering.

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**Diffuser Blend**

# ELATED

**Supports:** Nervous, Endocrine, Reproductive

**Suggested Carriers:** Plant Derived Minerals™, Grapeseed Carrier Oil, Jojoba Carrier Oil, Kukui Carrier Oil, Dead Sea Bath Salts - Unscented, Ultimate CM Cream™

**Ingredients:** Black Spruce, Cinnamon Bark, Ginger, Grapefruit-Pink, Green Mandarin, Jojoba, Nutmeg, Orange-Sweet, Patchouli



ELATED

Diffuser  
Blend

5ML  
(67702)



**Safety:** Avoid use if pregnant.

## Cosmetic Uses / Environmental Uses:

- **Diffuser:** 10-12 drops for 15 minutes every 2 hours.
- **Mist:** 12 drops of essential oil in 2 oz. of water or Plant Derived Minerals, shake well before spraying. Inhale from lid or 1 drop on tissue; in palm of hand, cover mouth and nose and inhale. In 2 oz. jar of Dead Sea Bath Salts, add 12 drops essential oil, shake well, open jar 15 minutes every 2 hours.
- **Shower:** in 1/4 cup Bath Salts use 2-4 drops of essential oil, sprinkle on shower floor before showering.

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# SUNNY



**Diffuser Blend**

**Supports:** Nervous, Digestive

**Suggested Carriers:** Plant Derived Minerals™, Grapeseed Carrier Oil, Jojoba Carrier Oil, Kukui Carrier Oil, Dead Sea Bath Salts - Unscented, Ultimate CM Cream™

**Ingredients:** Grapefruit-Pink, Lemon, Lime, Orange-Sweet



**SUNNY**

**Diffuser  
Blend**

**5ML  
(67703)**



**Safety:** If applied to the skin, phototoxic - avoid sun exposure or tanning beds for 12 hours after use. May cause skin irritation in those people who have sensitive skin.

### **Cosmetic Uses / Environmental Uses:**

- **Diffuser:** 10-12 drops for 15 minutes every 2 hours.
- **Mist:** 12 drops of essential oil in 2 oz. of water or Plant Derived Minerals, shake well before spraying. Inhale from lid or 1 drop on tissue; in palm of hand, cover mouth and nose and inhale. In 2 oz. jar of Dead Sea Bath Salts, add 12 drops essential oil, shake well, open jar 15 minutes every 2 hours.
- **Shower:** in 1/4 cup Bath Salts use 2-4 drops of essential oil, sprinkle on shower floor before showering.

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ESSENTIAL OILS



**Diffuser Blend**

# REJUVENATING

**Supports:** Nervous, Endocrine, Digestive

**Suggested Carriers:** Plant Derived Minerals™, Grapeseed Carrier Oil, Jojoba Carrier Oil, Kukui Carrier Oil, Dead Sea Bath Salts - Unscented, Ultimate CM Cream™

**Ingredients:** Bergamot, Blood Cedar, Clary Sage, Grapefruit-Pink, Lavender-Maillette, Nutmeg, Orange-Sweet, Patchouli, Petitgrain



## REJUVENATING

Diffuser  
Blend

5ML  
(67704)



**Safety:** Avoid use if pregnant or direct contact with children under 5.

### Cosmetic Uses / Environmental Uses:

- **Diffuser:** 10-12 drops for 15 minutes every 2 hours.
- **Mist:** 12 drops of essential oil in 2 oz. of water or Plant Derived Minerals, shake well before spraying. Inhale from lid or 1 drop on tissue; in palm of hand, cover mouth and nose and inhale. In 2 oz. jar of Dead Sea Bath Salts, add 12 drops essential oil, shake well, open jar 15 minutes every 2 hours.
- **Shower:** in 1/4 cup Bath Salts use 2-4 drops of essential oil, sprinkle on shower floor before showering.