

YOUNGevity.
ESSENTIAL OILS



Diffuser Blend

SERENE

Supports: Nervous, Endocrine, Urinary

Suggested Carriers: Plant Derived Minerals™,
Grapeseed Carrier Oil, Jojoba Carrier Oil, Kukui Carrier Oil,
Dead Sea Bath Salts - Unscented, Ultimate CM Cream™

Ingredients: Birch-Sweet, Cedarwood, Clove Bud, Fennel,
Grapefruit-Pink, Green Mandarin, Jasmine Grandiflorum,
Jojoba, Juniper Berry, Lime, Myrrh, Neroli, Palmarosa,
Petitgrain, Rose Damascena, Rosewood



SERENE

Diffuser
Blend

5ML
(67705)



Safety: Avoid use if pregnant or on blood thinners, and avoid direct contact with children under 5.

Cosmetic Uses / Environmental Uses:

- **Diffuser:** 10-12 drops for 15 minutes every 2 hours.
- **Mist:** 12 drops of essential oil in 2 oz. of water or Plant Derived Minerals, shake well before spraying. Inhale from lid or 1 drop on tissue; in palm of hand, cover mouth and nose and inhale. In 2 oz. jar of Dead Sea Bath Salts, add 12 drops essential oil, shake well, open jar 15 minutes every 2 hours.
- **Shower:** in 1/4 cup Bath Salts use 2-4 drops of essential oil, sprinkle on shower floor before showering.

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Diffuser Blend

NURTURING

Supports: Nervous, Endocrine, Urinary

Suggested Carriers: Plant Derived Minerals™, Grapeseed Carrier Oil, Jojoba Carrier Oil, Kukui Carrier Oil, Dead Sea Bath Salts - Unscented, Ultimate CM Cream™

Ingredients: Bergamot, Birch-Sweet, Cedarwood, Clove Bud, Fennel, Grapefruit-Pink, Green Mandarin, Jasmine Grandiflorum, Jojoba, Juniper Berry, Lime, Myrrh, Neroli, Palmarosa, Rose Damascena, Rosewood



NURTURING

Diffuser
Blend

5ML
(67706)



Safety: Avoid use if pregnant or on blood thinners, and avoid direct contact with children under 5.

Cosmetic Uses / Environmental Uses:

- Diffuser: 10-12 drops for 15 minutes every 2 hours.
- Mist: 12 drops of essential oil in 2 oz. of water or Plant Derived Minerals, shake well before spraying. Inhale from lid or 1 drop on tissue; in palm of hand, cover mouth and nose and inhale. In 2 oz. jar of Dead Sea Bath Salts, add 12 drops essential oil, shake well, open jar 15 minutes every 2 hours.
- Shower: in 1/4 cup Bath Salts use 2-4 drops of essential oil, sprinkle on shower floor before showering.

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Diffuser Blend

EMPATHETIC

Supports: Nervous, Digestive

Suggested Carriers: Plant Derived Minerals™,
Grapeseed Carrier Oil, Jojoba Carrier Oil, Kukui Carrier Oil,
Dead Sea Bath Salts - Unscented, Ultimate CM Cream™

Ingredients: Lavender-Maillette, Lime, Spearmint



EMPATHETIC

Diffuser
Blend

5ML
(67707)



Safety: Nontoxic, nonsensitizing.

Cosmetic Uses / Environmental Uses:

- **Diffuser:** 10-12 drops for 15 minutes every 2 hours.
- **Mist:** 12 drops of essential oil in 2 oz. of water or Plant Derived Minerals, shake well before spraying. Inhale from lid or 1 drop on tissue; in palm of hand, cover mouth and nose and inhale. In 2 oz. jar of Dead Sea Bath Salts, add 12 drops essential oil, shake well, open jar 15 minutes every 2 hours.
- **Shower:** in 1/4 cup Bath Salts use 2-4 drops of essential oil, sprinkle on shower floor before showering.

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ESSENTIAL OILS



Diffuser Blend

COMPASSIONATE

Supports: Nervous, Digestive, Urinary

Suggested Carriers: Plant Derived Minerals™, Grapeseed Carrier Oil, Jojoba Carrier Oil, Kukui Carrier Oil, Dead Sea Bath Salts - Unscented, Ultimate CM Cream™

Ingredients: Cedarwood Atlas, Frankincense, Lavender-Maillette, Orange-Sweet, Spearmint



COMPASSIONATE

Diffuser
Blend

5ML
(67708)



Safety: Avoid use if pregnant.

Cosmetic Uses / Environmental Uses:

- **Diffuser:** 10-12 drops for 15 minutes every 2 hours.
- **Mist:** 12 drops of essential oil in 2 oz. of water or Plant Derived Minerals, shake well before spraying. Inhale from lid or 1 drop on tissue; in palm of hand, cover mouth and nose and inhale. In 2 oz. jar of Dead Sea Bath Salts, add 12 drops essential oil, shake well, open jar 15 minutes every 2 hours.
- **Shower:** in 1/4 cup Bath Salts use 2-4 drops of essential oil, sprinkle on shower floor before showering.